

**ANTOINETTE LOUW****Personal Details**

**Height:** 1.65m / 5.5"  
**Hair:** Light brown  
**Languages:** Afrikaans, English

**Dress:** 32/34  
**Shoe:** 4

**Awards****Winner:**

Best Actress ( <i>The Fragile King</i> )	SAFTA	2024
Best Actress ( <i>The Fragile King</i> )	North Europe International Film Festival	2023
Best Actress ( <i>Dissonant</i> )	48-hour Film Festival International	2022
Best Actress ( <i>Dissonant</i> )	48-hour film festival cape town	2021
Best actress ( <i>Axis Mundi</i> )	New Orleans Horror Film Festival	2019
Best Actress ( <i>Swartwater</i> )	ATKV-Mediaveertjie	2018
Best Actress ( <i>An act of defiance</i> )	Cape Town Int. Film Market and Festival	2018
Best Actress ( <i>Die laaste tango</i> )	SAFTA	2013

**Nominated:**

Best Actress ( <i>Die dekonstruksie van Retta Blom</i> )	Silwerskerm Festival	2024
Best Actress ( <i>Axis Mundi</i> )	Silwerskerm Festival	2018
Best Actress ( <i>Voor ek val</i> )	Silwerskerm Festival	2017
Best Actress ( <i>Totsiens, Pa</i> )	Silwerskerm Festival	2014

**Training**

University of the Free State	BA Drama ( <i>cum laude</i> )	1994-1996
AFDA	Acting Degree	1998-2000

**Film**

<b><u>Title</u></b>	<b><u>Role</u></b>	<b><u>Director</u></b>	<b><u>Year</u></b>
Adam	Support: Susanna	Winford collings	2024
Die skynwerper	Support: Dr. Groenewald	Dewet van Rooyen	2024
Die dekonstruksie van Retta Blom	Lead: Retta Blom	Pieter Grobbelaar	2024
Koffie en sigarette	Support: Ilse	Dian Weys	2023
The Fragile King	Lead: Rachel	Tristan Holmes	2024
Bittersoet (short)	Lead: Tilla	Zandrè Coetzer	2022
Geleende Tyd (short)	Support: Henriëtta	Liezl Spies	2022
Dissonant (short)	Lead: Gabriella	Dewet van Rooyen	2021
4229 (short)	Support: Karen	Ben Heyns	2021
Angeliena	Cameo: Visa agent	Uga Carlini	2021
Die Verhaal van Racheltjie de Beer	Support: Sara	Matthys Boshoff	2019
Sussie (short)	Support: Jana	Gert Steyn	2019
Axis Mundi (short)	Lead: Nora	M. Jankes & S. Steinberg	2018
Sew the winter to my skin	Support: Mrs. Botha	Jahmill Qubeka	2018
Voor ek val (short)	Lead: Anke	Carolize Herbst	2018
An act of defiance	Lead: Molly Fischer	Jean van de Velde	2017
Nul is nie niks nie	Support: Trisa	Mornè du Toit	2017
Foto (short)	Lead: Talia	Dewet van Rooyen	2015
'n Man soos my pa	Lead: Nakkie	Sean Else	2015
Totsiens, Pa (short)	Lead: Leani	Ben Heyns	2014
Die laaste tango	Lead: Ella	Deon Meyer	2013
Winnie	Feature: Mrs. Hattingh	Darrell James Roodt	2011
A million colours	Cameo: Dixon's wife	Peter bishai	2011

### Television

<u>Title</u>	<u>Role</u>	<u>Director</u>	<u>Year</u>
Kelders van geheime Wyfie	Support: Ella Roux	Nina Swart	2024
Een keer om die son	Support: Barbara Kannemeyer	Johan Cronjè	2024
White Lies	Support: Juffrou Marianne	Ivan botha	2024
Die Byl Season 6	Support: Doctor Jill Pelser	John Trengrove	2024
Minder as niks	Support: Daleen tromp	Berdene Burger	2024
Fraksie	Support: Jolene Botha	Dewet van Rooyen	2022
Dam	Cameo: Leoni	Nina Swart	2022
Swartwater 3	Support: Dora	Alex Yazbek	2021
Projek Dina	Lead: Karin	Andrè Odendaal	2021
Arendsvlei	Support: Alexandra	Liezl Spies	2020
Spoorloos	Cameo: Adv. Botha	Denny Miller	2020
Swartwater 2	Support: Petro	Ilse van Hemert	2018
Boland Moorde 2	Lead: Karin	Andrè Odendaal	2017
Binnelanders	Support: Santie	Jaco Bouwer	2018
Black Sails	Support: Sandy	Gerrit Schoonhoven	2015
Pandjieswinkel	Cameo: Woman	Steve Boyem	2015
Boland Moorde 1	Support: Susan	Koos Roets	2014
7de Laan	Support: Janine	Jaco Bouwer	2013
	Lead: Inge	Henry Mylne	2006-2008

### Theatre

<u>Title</u>	<u>Role</u>	<u>Director</u>	<u>Year</u>
Amper, Vrystaat	Lead: Bea	Nico Scheepers	2015-2022
Kinders van stilte	Support: various	Heleni Handt	2013-2014
Nag, Ma	Lead: Jessie	Lara Bye	2012-2013
Night, Mother	Lead: Jessie	Lara Bye	2012
Die Vagina Monoloë	Lead: various	Nanine Wessels	2010-2012
Die proponentjie	Lead: Tienie	Paul Eilers	2011
Afspraak	Lead: Hermien	Paul Eilers	2009
Vlooi	Support: Biebie	Margit Meyer-Rödenbeck	2008
Dis ek, Anna	Lead: Anna	Pieter Vorster	2007-2008

### Other

#### Theatre Awards (as writer and producer)

Best Production (winner)	Amper, Vrystaat	Aardlop festival	2016
New created work (nominated)	Amper, Vrystaat	Fiësta awards	2016
Best Production (nominated)	Amper, Vrystaat	Fësta awards	2016
Debut Production (winner)	Amper, Frystaat	Free State arts festival	2015